



The
**COMBINED GENDER IDENTITY AND
TRANSSEXUALITY INVENTORY
(COGIATI)
RESULTS**

Your COGIATI result value is: **245** which means that you fall within the following category:

COGIATI classification FOUR, PROBABLE TRANSSEXUAL

What this means is that the Combined Gender Identity And Transsexuality Inventory has classified your internal gender identity to be essentially feminine, but with some masculine or androgynous traits. It is very possible that you are a candidate for a diagnosis of transsexualism. You show a strong degree of gender dysphoria. At the very least, further investigation should be undertaken. Your COGIATI score places you among the majority of those diagnosed as transsexuals, the 'late onset' transsexual.

SUGGESTIONS FOR ACTION:

Your situation is potentially serious and indicative of a probable inborn gender conflict. It is definitely recommended that you pursue further action.

The suggestions for your circumstance are several.

1. It is recommended that you seek help from a sympathetic counselor or professional about your gender issues. It is very possible that over time they will become increasingly difficult to cope with. Early determination of what you really need and want is vital. You need to determine if you truly are transsexual. Keep in mind, though, that many alternatives exist other than complete sexual transformation. Partial transformation and many other way of existing are available. While you are very possibly a transsexual, COGIATI has determined that this is not absolutely certain. While time is an issue, being certain is more important. Proceed with investigation of your possible transsexuality or transgenderism, but with caution.

2. Some actions may help you to define your needs more clearly. Experimenting with living full time as a woman, taking hormones for a short time under supervision, or taking testosterone suppressors to observe how you feel are all viable options. Keep in mind that while it is very likely

that you might be a transsexual, it is not certain. Do not take severe or permanent actions without long thought and the help of counselors and professionals.

3. Your gender issues are real, and should not be ignored. Neither should you rush into acting on them, however powerful they may feel. You do not fit the full criterion for the rarest classification, classic transsexuality, and so should be cautious, and open to possibilities. You may yet end up undergoing transition, and the path of the transsexual may well be your salvation. Be very careful, but do not ignore your issues.

4. If you have not already, consider joining any of the thousands of groups devoted to gender expression of various kinds. There is literally a world of friends to discover who share your interests. There are also publications, vacations, and activities that would expand your gender expression.

**Thank you for using the Combined Gender Identity And
Transsexuality Inventory.**

BACK ←
To Main Page



The
**COMBINED GENDER IDENTITY AND
TRANSSEXUALITY INVENTORY
(COGIATI)**

Answer all questions as honestly, and in as heartfelt and true a manner as is possible for you.

1. Describe your relationship with mathematics.

- Mathematics is somewhat difficult at times. It isn't my favorite thing.
- I hate doing math! It is both tedious and a struggle for me.
- ✓ I am really pretty good at math.
- Mathematics is both useful and fun. I enjoy mathematical puzzles.
- I do math as it is required of me.

2. You get a phone call from somebody you met for the first time a few days ago. How easy is it for you to remember who they are by the sound of their voice?

- Pretty difficult, I don't know them. I wish they would tell me their name.
- I think I could remember, given enough time on the phone.
- ✓ I would remember them pretty quickly. I am pretty good at placing voices.
- I can place them after a few seconds...I might have to think a bit.
- Usually I know who they are after a minute or so.

3. You are shown a number of close-up photographs of the faces of many different people you do not know. You are asked to describe the emotions that the people are feeling by the expressions on their faces alone. How well would you do, do you think?

- ✓ I would be able to get most of them right, I think.
- I would have a little difficulty with that. It's not that easy.
- I could probably guess most of them. Probably.
- Probably not that well. It is hard to read faces, you never really know for sure.
- I would definitely know what most of the people were feeling. Just look at their face!
4. You are at a meeting. Everyone at the meeting is the same sex as you. The leader of the meeting announces that it's time for hugs all around! How do you feel about this?
- ✓ It's kind of nice. No big deal though.
- What is up with all of this hugging stuff? This is unnecessary.
- I would feel a little put off by it, frankly.
- It might be OK.
- I love hugs! Good idea.
5. As a child, when you played with close friends, how would you describe the type of play you liked to be a part of the most?
- Toys were fun, we would play games where we would pretend a lot.
- I liked to be pretty active. I liked cool toys too, and we would build forts.
- I liked neat toys, and we would ride bikes or play ball games.
- ✓ We would make up stories about ourselves and our toys. We would talk and sing too.
- I liked to get out and do things. Run, jump, and yell. Let off some steam.
6. You meet somebody and they are polite to you, but seem a little distant. They are actually very attracted to you. How likely are you to know this?
- Not very, it is hard to tell with people.
- ✓ I would probably be able to tell.
- I can usually tell when somebody likes me a lot, even if they are shy.
- I might pick up on it.
- I doubt I would be able to tell without some clues.
7. You are talking to a very newly met person. During your talk, the person brings up an event from their own youth. The discussion catches them off guard, and they start to cry. How do you react to this?

I feel a little put off, but it happens, I guess. If it went on too long, it might be weird.

I can understand that. It's a little uncomfortable, but I can understand.

✓ I have had that happen to me. I would try to comfort them as best as I could. I might even give them a hug if it seemed right to do so.

I would want to help, if I could. I mean, they are crying.

It makes me feel uncomfortable. I will wait for them to get themselves together. It also depends on the person.

8. You are alone enjoying some erotic materials of your own preference. What are they?

Absolutely stories. Pictures just are not as good as having it written.

Probably books or stories.

Films. Films first, maybe pictures too.

✓ Could be either pictures or written words.

Pictures, films are good.

9. Which choice most closely describes why you dress up 'en femme', as a woman.

Mostly it just makes me feel better somehow.

It is a very sexy thing to do. It is very exciting. I love it!

The only reason I do it is because it makes me feel better. I really don't do it for excitement.

✓ Sometimes it excites me, sometimes it's just nice.

It does turn me on quite a bit,

10. In your early school days, how were you at writing essays, poetry, and reports?

Actually, I kind of enjoyed writing, sometimes.

✓ I would get carried away sometimes. I was really proud of my written work.

It was rather hard at times. I really did not like it that much.

I could do the job, more or less, but I cannot say I enjoyed writing.

I did it well enough.

11. You are parking your car. You must reverse into a somewhat narrow space to park. What do you do?

I don't like that situation. I would park there only if things were pretty crowded.

✓ It's a bother, but I can manage most of the time.

I would go look for another place to park. Who needs the aggravation?

I slide right in. Piece of cake!

It's a little tricky, I might pass on it and look for better.

12. You acquire an incredible power. You can change your sex whenever you wish, and the change is absolutely perfect in either form, male or female. What would you most likely do with such a power?

I would be whatever I felt like as I desired.

✓ I would turn female and I really would not want to use the power again, actually.

I would use it to switch back and forth for fun!

I would be a lot better than dressing up.

I would probably use it to turn female. I would mostly stay that way.

13. You have been visiting a new town for several days. Someone asks you which direction south is. Do you know?

That would be kind of difficult. I would not feel very sure about it.

I would be guessing a little, but I would have some idea, I think.

I probably could make a pretty solid estimate.

✓ Almost always. After a few days, I know my directions.

I probably would not be able to tell. It's not that easy you know?

14. You are in a public place, such as a waiting room or a park bench. Circumstances require you to sit VERY closely to another person of the same sex. How do you feel about this inside?

I feel uneasy on the rare occasion.

I don't really like to sit close like that.

I feel a little uncomfortable with it.

✓ I feel perfectly comfortable. It's not a big deal.

Sitting close kind of bothers me a little.

15. A situation involving people has come up. The people are debating the issue, and are unsure of what to do. You understand most of the situation. You are able to act

in the manner you feel like. What do you do?

- ✓ I wait for an opening and offer my knowledge.
- I will listen and see if they can figure it out. I might add my ideas to the discussion.
- I listen to make sure I understand, then I ask to offer my suggestions on the matter.
- I let them know what is going on as best as I can..
- I step in and clear things up.

16. Visualize the following entirely in your head. Do not draw or write anything, just use your mind. Picture a pair of cubes. The two cubes are connected by a bar through their middle, like a dumbbell. Imagine that the dumbbell object is floating in front of you, one cube close to you, the other directly away from you. Now, imagine that the cube nearest you is red, and the cube furthest from you is blue. Picture the dumbbell built of two cube and a rod begins to rotate, the near, red cube, dropping down and away, and the blue, far cube, rotating up and nearer. The dumbbell continues so that it now stands vertical, in front of you, the red cube on the bottom, the blue cube on the top. Continue this direction of rotation, end over end, three times exactly, starting with that state where the red cube was on the bottom, and the blue cube was on the top. What is the position of either cube, red or blue?

- I think that the blue cube is on the bottom.
- I cannot follow this at all. How am I supposed to understand this?
- I feel that the red cube is most likely on the bottom.
- I am not sure. This is pretty hard. Maybe the red cube is on the bottom?
- ✓ I am certain that the red cube is on top.

17. You are talking with a friend. Outside, far away, somebody is honking their horn regularly and endlessly. It is not very loud, you can just barely hear it in the quiet room. What is your reaction?

- It might come to my attention after a while. Depends on the car.
- I would just ignore it, if I noticed it at all.
- So what? I am busy talking with my friend.. I might not even notice it.
- ✓ It would bug me. Eventually I might bring it up to my friend, or I might try to ignore it.
- I would notice it, but I would be too busy chatting with my friend, really.

18. Yesterday, you met five new people. Today, you are asked by name about the people you met. How well can you picture their faces in your mind?

Really very well! I am very good with faces and names.

I would be lucky to remember one or two, to be honest.

✓ I can probably remember what most of them looked like.

Not a chance. I just would not remember their faces. One, maybe.

I might remember what they looked like.

19. In your early school days, how were you at spelling?

I could spell rather well, actually.

To be honest, spelling is a problem for me. Even now I have difficulty.

✓ I was very good at spelling. I still am.

Spelling was not one of my best abilities.

I was fairly good at spelling.

20. Can you remember tunes or songs easily? Can you hum, sing or whistle them with ease?

I am good enough with catchy jingles.

I have a very hard time remembering music. It just doesn't stick.

I am pretty good at remembering a tune.

✓ I am very good at remembering music. I hear it once, and I know it!

Remembering songs is not what I do best.

21. You hear a noise from somewhere. Without looking, how well can you identify the direction of the sound from you?

I know where the sound comes from about half of the time I guess.

✓ I always know the direction. It's not that hard to do for me.

I pretty much know which direction a sound comes from, more or less.

Occasionally I can know where the sound comes from, but not often.

I never really know where sounds come from without looking.

22. You are telling a friend about something that happened to you years ago. How well do you remember what clothing you were wearing?

✓ I would probably remember what I was wearing.

I would probably remember my clothing easily, and I might well remember what someone else was wearing too.

I might remember, depending.

I would not remember that at all. Why would I? What difference does it make?

Probably I would not remember at all. Unless it was important to the story, of course.

23. You are about the age of 14. You have to take a test, but you can chose which test to take. Getting a good grade will result in a big reward. Which test would you choose to take, if you had a week to study first?

I would chose History, maybe Science.

✓ I would choose English or History.

I would choose Science or Math.

I would definitely choose English.

Geometry or Science.

24. You are being described by someone. Which phrase do you like THE LEAST.

✓ "An aggressive and determined competitor, without peer"

"Very sweet-tempered and receptive"

"An all around good person"

"Sympathetic and understanding. Never one to push too hard"

"Always takes immediate command of any situation"

25. You are driving about, doing errands, in the big city. You have been here a few times before, but this is the first time you have been here driving on your own. You have no map with you. What probably happens?

I get around pretty well.

It's a little tricky in places.

✓ I have no real difficulty.

I might get lost for a bit, but I would find my way soon.

I would very likely get lost. I would have to ask for directions.

26. Your penis and testicles are destroyed, perhaps do to an accident or injury, but they are gone forever. You are otherwise the same as now, but you are utterly without your reproductive organs, just smooth, flat flesh. What is the most realistic

statement of how you would deal with this?

I am not sure how I would feel. I could cope, given enough time.

I would consider suicide. That would be absolutely horrible.

I often wish something like that would happen. I seriously do.

That would be terrible.

✓ It would not bother me. I sometimes think it would be an improvement.

27. You are 10 years old. It is play time. Which activity do you choose?

✓ I would play pretend games with my friends, or maybe play board games.

I might swim or play with my toys with my friends..

I go outside and play ball with my friends.

I might ride bikes with my friends.

I would walk in the woods with my friends, or play with my pet.

28. You are introduced to someone new. They have a tiny white thread coming out of their grey coat. What is the chance of your noticing this?

I would not notice that. It would not matter.

✓ I probably would notice it, I might say something later.

I might notice it. Maybe.

This is not something I would probably notice.

I almost certainly would notice it.

29. How much actual discomfort or suffering has any conflict between your physical sex and internal gender caused you?

I do not like my body to seem masculine. This is a problem.

Maybe just a little. For the most part I am comfortable with my body.

Sometimes I wonder if it would be better to be female.

✓ This is really bothering me. I feel like my body is wrong. I should be female.

Not very much. That is not a big issue to me.

30. Suddenly, somebody throws a ball at you. What is the most realistic outcome?

I would be surprised. I might drop the ball.

I would be surprised, that's for sure! I doubt I would catch the ball.

✓ I would probably catch the ball.

I might catch the ball.

I would probably drop the ball.

31. You are in a restaurant with some friends. It is moderately noisy, but not loud. A song you know comes over the loudspeakers, but done in Muzak (tm) style, often called "elevator music". Would you recognize the song instantly?

I would probably recognize the song, after a few moments.

I doubt I would recognize the song, especially over the noise.

✓ I would recognize the song quickly.

I might recognize the song.

In that style, I probably would not even recognize any song.

32. Suddenly the entire world is magically changed. Now you exist in a world utterly devoid of gender. All bodies are hermaphroditic, utterly androgynous in appearance, both male and female at the same time. The culture reflects this, as does all human interaction. You, however, are still yourself inside, with all of your memories of living in our world as it is now. Your feelings are intact, only your flesh has been changed. In this new world, everyone dresses, acts, and lives however they feel at the time, and there is no such thing as being male or being female. You alone remember the world of gender. In such a world, would you still need to dress like a woman?

✓ how I dress is not really the issue for me. I would just dress how I felt.

I guess it just would not matter anymore, would it? This is my dream world.

Without question. I really love being feminine. It would be a very disturbing world, too.

Yes. I really enjoy expressing femininity. I would miss it a lot.

I don't know. It would be easier to live how I wish though.

33. You are working with a group of people on an important project. What is the most important concern to you with regard to the interpersonal structure of the group?

It's important to get along well, but getting the job done is the first priority.

✓ It is best if everyone could be friends, and enjoy each other's company. That would make the job get done faster.

I would be concerned that everyone get along with each other well, and respect each other's feelings.

It is most important that everyone share the same degree of dedication.

Everyone has to work well together. It is best if they keep focused on the job.

34. Somewhere, a bell rings softly. You have to point to the exact location instantly. How well can you do this?

I might get it right.

✓ I would know right where the bell was.

I would probably be right most of the time.

That would be hard to do, but I could probably point to it.

I would probably not be able to point it out exactly.

35. A doctor offers you a painless, absolutely effective means to be completely masculine. All feminine desires and traits would be eliminated, and you would be happy and content to be a man. You would never need to dress, and you would never want to be feminine in any way again. You are assured that after the treatment you would be completely content. Would you take the treatment?

✓ I would run away fast. That would be like death to me.

I don't know. Maybe.

I probably would.

I would seriously consider the option.

I would not want such a treatment.

36. Pick the word that you would MOST want to be applied to you.

Compassionate.

Assertive.

Adaptable.

Independent.

✓ Understanding.

37. How easily do you cry at movies?

Movies do not often make me cry.

I really have never cried because of a film.

I get really involved, and I cry pretty easily if the scene is intense enough.

Sometimes something will just get to me, and I will cry.

Sometimes, if it is a powerful movie, I might cry.

38. Deep down, what gender do you really see yourself as?

I am probably more female than male.

I am more male than female at times.

I am mostly female.

I am neither male nor female. I am kind of half-way .

I am probably mostly male.

39. Which do you feel is most desirable to possess?

Power.

Respect.

Friendship.

Love.

Compassion.

40. Pick the choice that most closely represents the age at which your gender first became an issue or a concern to you.

About age 5.

About age 12.

About age 9.

About age 15.

About age 7

41. Have you ever suffered a migraine 'headache'?

I have had more than a few over the years.

Never.

Maybe once.

I doubt it.

✓ I have had a few.

42. How long have you felt that you have had a gender incongruous with the sex of your body?

I have always wondered about the issue.

✓ For a long time now, I have felt that way.

My earliest memories are of having a problem with this issue.

I do not feel that way, at least not strongly.

Fairly recently I have begun to feel that way.

43. What is the honest degree that sexual excitement and attraction play in the importance and value of crossdressing to you?

✓ It is nice but not the only reason.

It is not seriously important to me.

It really is very important to me.

Actually, it matters very little to me.

It matters very much.

44. How important is it to you that others would accept you completely as a woman?

It is not a major issue to me.

Having people consider me truly female is not what is important to me.

✓ It is pretty important. I would feel much better if I was so accepted.

It is very important to me. I really want to be accepted completely as a woman.

It would be nice, but I don't need it to be happy.

45. Have you ever seriously contemplated suicide because of your gender issues?

✓ I have thought about it fairly seriously.

Not ever.

There have been times that I have really considered it.

No, not seriously.

Maybe I have felt close to it.

46. Have you ever been caught, discovered, punished, or found out about with regard to your gender issues, crossdressing, or gender related behavior?

I have had a couple of incidents in the past.

Maybe once. I stay hidden.

✓ It is hard to keep hidden -or- I do not even try.

I have had a few problems. It's tricky to hide completely.

No, I am very discrete.

47. When you look at a person's face, how well can you honestly judge what they are feeling?

It is hard to tell just by looking.

I can tell sometimes.

I would prefer they just tell me. That leaves less to chance.

✓ I can usually tell what a person is feeling, more or less.

It is pretty obvious to me.

48. You are having an erection. How do you feel?

I might be feeling frisky.

✓ Probably pretty good.

I am aroused. That is what it means to have an erection.

I hate that. I wish it would just stop.

It kind of bothers me when that happens.

49. You are trying to describe the complex shape of an unfamiliar object to someone. You are not using your hands, and must rely on words alone. How easy is it for you to convey the shape accurately?

It's hard for me to picture shapes clearly in my mind. The words are the easy part.

I can describe the shape fairly well, if I have enough time.

I can see it in my mind, and can pretty much describe it well enough.

I try lots of descriptions and comparisons, but it can be difficult to get the right idea across.

✓ I can picture the shape, but finding the right words can be tough sometimes.

50. It is grade school. The teacher gives you a gold star on your work for excellence. What is it for?

I knew how to multiply.

I had perfect spelling with no mistakes.

I knew the name of the capitol.

✓ The teacher thought I wrote the best poem.

I got my addition right.

51. You are told that something you said probably bothered somebody. What is your reaction?

I think it is their problem.

✓ I would probably try to find out more.

I have the right to say what I please.

I would worry a little bit. I don't want to hurt anyone.

I might give it some thought.

52. Have you grown your hair long, do you wear a feminine hairstyle, or have you otherwise altered your day-to-day physical appearance to increase the effectiveness of dressing as or expressing your femininity?

I do seem to like my hair and appearance to be more feminine.

No, that would be a bit too much right now.

✓ People sometimes make comments, to tell you the truth.

I really have not done anything that would be noticed.

Maybe a little. Not a lot though.

53. There is a voice mail on your machine. The person does not leave a name, they seem to expect you to know them. How easy is it for you to remember who called by the sound of their voice?

- ✓ I would know who it is pretty quickly. I am rather good at placing voices.
- I don't think I could tell just by the voice.
- Pretty difficult, it's just a disembodied voice. I wish they had left their name.
- Usually I know who they are if I play the message a few times.
- I could place them after a few listens ... I might have to think a bit.

54. A stranger is happy at meeting you. He wants to give you a hug. How do you honestly feel about this?

- It's kind of nice.
- I would feel a little put off by it, frankly.
- ✓ It might be OK.
- I like to hug. It's a warm feeling.
- That would be a little weird for me.

55. You meet somebody and they are polite to you, but seem a little distant. They are actually secretly disliking you. How likely are you to know this?

- ✓ I might pick up on it.
- Not very, it is hard to tell with people.
- I can usually tell when somebody dislikes me, even if they act well.
- I would probably be able to tell.
- I doubt I would be able to tell without some clues.

56. You are talking to a person you have recently met. During your talk, the person brings up an event from their past. The discussion turns serious, and they start to get strongly emotional. How do you react to this?

- It makes me feel uncomfortable.
- I would try to comfort them as best as I could.
- I can understand that. It's a little uncomfortable, but I can understand.
- I feel a little put off, but it happens, I guess.
- ✓ I would want to help, if I could, because they are having a hard time.

57. You are masturbating, alone. What turns you on the most?

Probably words, ideas turn me on the most.

I prefer things I can see.

✓ Could be pictures or words.

Definitely something written, especially if it is written well.

Visual things, mostly. Images of people together or alone.

58. You will never, ever be a woman. You must live the rest of your days entirely as a man, and you will only get more masculine with each passing year. There is no way out. What is your reaction?

I could cope. Not much different than now.

I am better off dead.

✓ It would hurt, but I would carry on.

As long as I can still dress in private, I would survive.

I don't think I could bear that.

59. You are shown a film of close-up images of the faces of many different people. You are asked to describe the emotions that the people are feeling by the expressions on their faces alone. How well would you be able to tell the emotions of the people?

Probably not that well.

I would have some difficulty with that.

✓ I would be able to get most of them right.

I could probably guess some of them.

I would know what most of the people were feeling.

60. You are spending time with a group of married friends. Two of them are secretly having an affair. Would you detect this easily?

I usually pick up on such things fairly quickly, I think.

If they are keeping it secret, how am I supposed to know?

I catch that sort of thing easily. You can just tell. You can feel it.

I probably would be able to tell, after a while.

✓ If they slipped up, I could probably guess.

61. Are you now on - or just about to start - hormone therapy?

I am not, but I have thought about it. Probably not.

I am on hormone therapy right now.

No. I am not sure that I want to use hormones.

✓ I wonder whether hormones might be good to try.

I am about to start hormone therapy, as soon as I can.

62. Have you ever spent longer than one week living entirely as a woman?

I have tried something like that, but it became tiring or uncomfortable.

No. I am not sure how I would feel about doing that.

I would like to do that, and I might if I can.

No, but it might be interesting to try.

✓ Yes. I really loved it.

63. Which choice most closely describes how you feel about living as a man in the world?

✓ It is a pretty unpleasant thing to be.

There are some definite advantages, I have to admit.

It is just one way to be in the world. It has its problems and benefits.

I cannot think of much good about it.

It can be useful in many circumstances.

64. You are about to die. In your last moments, you are presented with a choice. You can be buried and remembered as a man, or buried and remembered as a woman. Which do you choose?

✓ If I have to die, I would absolutely prefer to be remembered as a woman.

I want to be remembered accurately. It really doesn't matter at that point anyway.

I would probably wish to be remembered as a woman.

My family and friends might be bothered by that. Better not change things.

Whatever. Doesn't really matter to me.

65. Which is the closest to your own current self definition?

I know that I am a transsexual.

✓ I am sort of both male and female. Perhaps a transgenderist.

I have a female side that I like to express.

I am a crossdresser.

I am probably a transsexual.

BACK ←
To Top